I chose the flare gun because someone will see it from a far distance and send help and I would have a knife because I would use it for so many things, like to cut down fruit make a shelter, hunt for food, oh and I would use it to protect myself from sharks if I am in the water. I will protect myself from animals if I am in the land my last item will be a lifestraw to purify water the lifestraw can purify water from lakes and streams sadly not from the ocean so tough luck if you stranded in the ocean.